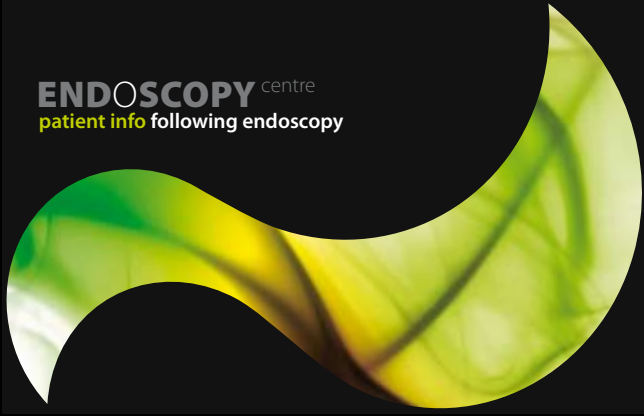


**ENDOSCOPY** centre  
patient info following endoscopy



## **PATIENT DISCHARGE INFORMATION FOLLOWING AN ENDOSCOPY PROCEDURE**



**IMPORTANT**  
FOR AT LEAST 24 HOURS  
FOLLOWING AN ENDOSCOPY  
PROCEDURE WHERE YOU HAVE  
HAD SEDATION YOU MUST NOT...

- Drive a vehicle or operate machinery
- Go out walking on your own
- Be at home alone unless you can contact someone in case of an emergency
- Take part in strenuous work or lifting (including handling children or infants)
- Drink Alcohol
- Take sleeping tablets

**Please contact a member of the  
Endoscopy Team if you have any queries  
TEL 020 7908 2080 / 020 7908 2181**